

**First SurgiCenter**  
Central Avenue Professional Building  
3500 Central Avenue  
Kearney Nebraska 68847  
877-344-2372 / 308-865-1419

### **Post Surgery Information**

You'll be given a written instruction sheet with details about your medications, activity, showering, exercise, and how to manage any discomfort. In addition, the instructions will include a follow-up appointment with your doctor, and a telephone number for you to call if you have concerns. A nurse from First SurgiCenter will call you to check on your progress the day after your surgery.

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